

# Biggest Loser Nutritionist - Cheryl Forberg - Registered Dietitian

*Cheryl Forberg RD*

## Supplements

**Introductory offer: 25% discount on any purchase Cheryl recommends getting as many nutrients as possible through good food (and beverage) choices. But it can be difficult to get some key nutrients through food alone -- and for those, supplements are the way to go. After extensive research, Cheryl recommends the supplements below.**

### **Eskimo-3® (liquid)**

**\$16.13 \$21.50 You Save: \$5.37**

Eskimo-3 Liquid Item Number (SKU) TY0050 105 mL Retail Price \$21.50 Your price \$16.13 Take one teaspoon (5 mL) daily with food for optimum benefits. [\[Product Details...\]](#)

### **Eskimo-3® (softgels)**

**\$16.87 \$21.84 You Save: \$4.97**

Eskimo-3® (softgels)

Item Number (SKU) TY0049

105 softgels (0.5 grams Omega 3s per softgel)

Take three Eskimo-3 softgels with a meal per day for optimum benefits. [\[Product Details...\]](#)

### **Eskimo® Kids**

**\$15.53 \$20.70 You Save: \$5.17**

Eskimo® Kids (liquid)

Item Number (SKU) TY0141

105 mL

Eskimo Kids has a delicious Tutti-Frutti flavor, free from unpleasant fishy after-taste. For children aged 1 to 12; for optimum results, take 1 teaspoon (5 mL) with a meal daily [\[Product Details...\]](#)

**Eskimo® PurEFA (1000 mg)**

**\$30.00 \$40.00 You Save: \$10.00**

Eskimo® PurEFA (1000 mg)

Item Number (SKU) IT0017

150 softgels (1.0 grams Omega 3s per softgel)

A source of Omega-3 Fatty Acids, including EPA and DHA. Take 3 to 5 PurEFA softgels per day for optimum benefits. [\[Product Details...\]](#)

**OsteoPrime Ultra**

**\$21.00 \$28.00 You Save: \$7.00**

OsteoPrime Ultra

Item Number (SKU) IT0013

120 tablets

Clinically demonstrated to support and maintain healthy bones. For optimum results, take four tablets daily during or after meals. [\[Product Details...\]](#)

**Total Formula 3**

**\$10.95 \$14.60 You Save: \$3.65**

Total Formula 3

Item Number (SKU) VL0017

60 tablets

This high-potency once-daily multi-vitamin does not include iron, which Cheryl doesn't recommend supplementing unless medically required. Take one tablet daily. [\[Product Details...\]](#)

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Results 1 - 6 of 6

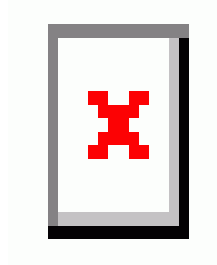
## Featured Products

[Eskimo® PurEFA \(1000 mg\)](#) \$30.00

\$40.00

You Save:

\$10.00



Eskimo® PurEFA (1000 mg)

Item Number (SKU) IT0017

150 softgels (1.0 grams Omega 3s per softgel)

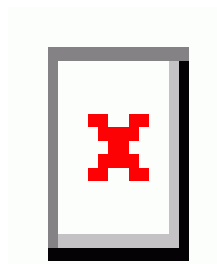
A source of Omega-3 Fatty Acids, including EPA and DHA. Take 3 to 5 PurEFA softgels per day for optimum benefits.

[Eskimo-3® \(softgels\)](#) \$16.87

\$21.84

You Save:

\$4.97



Eskimo-3® (softgels)

Item Number (SKU) TY0049

105 softgels (0.5 grams Omega 3s per softgel)

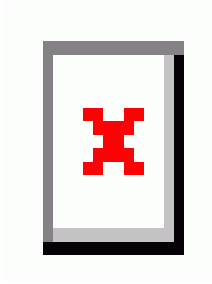
Take three Eskimo-3 softgels with a meal per day for optimum benefits.

[Eskimo-3® \(liquid\)](#) \$16.13

\$21.50

You Save:

\$5.37



Eskimo-3 Liquid Item Number (SKU) TY0050 105 mL Retail Price \$21.50 Your price \$16.13 Take one teaspoon (5 mL) daily with food for optimum benefits.

## Recently Viewed Products

- [Eskimo® PurEFA® \(1000 mg\)](#) (Category: [Supplements](#))
- [Eskimo-3® \(softgels\)](#) (Category: [Supplements](#))